

# HOLISTIC MYSTIC FAIR WORKSHOP SCHEDULE

## Augusta Maine Armory

### April 27, 2024, 10:30 A.M. TO 3:00 P.M.

Time	Presenter	Workshop	Content
10:30 AM	Julie Bryan	Healing with Crystals	Every participant will get a free crystal to keep and find out what it means and how it can help you!
11:00 AM	Eileen Oboyle	Healing with Deities	Connecting with Deities and using their energies to heal yourself!
11:30 AM	Cary Ouellette	Release Anxiety	Cary will discuss subconscious & oils through energy cleaning & Aromatherap, perform a clearing to release anxiety
12:00 PM	Linda McCracken	Spirit Art	Powerpoint presentation about how Linda learned spirit Art via the teaching of spirit
12:30 PM	Tracy Williams	Tarot Reading Self Care	Join Tracy for a one card reading for as many people as time allows focusing on self care for each individual.
1:00 PM	Kathryn Drage	Life & Times of an animal communicator	Kathryn will be sharing how animal communication works for me and how you it is a natural languagefor all of us. She will also share stories from my years of practice.
1:30 PM	Louis Grassi	Opening to Your Creativity	Louis will conduct a guided meditation (with music!) that will help you to connect to andreacquaint yourself with your creative abilities.
2:00 PM	Aneez Aroma Therapy Catherine Boutin	Aroma Therapy	Questions about Aomatherapy-Question and Answer Session
2:30 PM	Ray Veilleux	Living Well in Stressfull times	How to keep your energy level at max to avoid depression. What energy exercises do you need to keep your focus. What supplements do you need especially during these stressful times.
3:00 PM	Kat Logan	Messages from the Angelic Realm	This presentation will be a demonstration of the work done by Psychic, Kat Logan as she explains her process of mediumship with the high vibrations of the Angelic Realm and shares the spiritual artwork and interpretations of the metaphors and symbols that are delivered. A guided meditation will be offered to connect and open the session.