

HOLISTIC MYSTIC FAIR WORKSHOP SCHEDULE

Augusta Maine Armory

April 23, 2022, 10:30 A.M. TO 3:30 P.M.

Time		Workshop	Content
10:30 AM	Joanne Liljeholm	The Art and Science of sound healing	Come discuss how today's meaning of esoteric realms with the scientific world in the field of sound healing can effect your body on all levels.
11:00 AM	Roxie J. Zwicker	Crystals For:	Using Crystal for clearing and cleansing
11:30 AM	LA LeFebvre	Guided Meditation "From Within"	A meditation to enhance one's wellbeing, to promote healing and a calm mind
12:00 PM	Grace Star	Learning to Sense Stone Energy	What are stone energies? Can I really learn to feel them? What do they do? Come and try it out for yourself.
12:30 PM	Jennifer Lagasse	"Our Shifts into Awakening"	Join Jennifer in a discussion of the many spiritual and energetic experiences that lead us to shift in our personal and professional lives, how to navigate the uncertainty of the old paradigms dissolving, and embrace our evolution into heart-space living.
1:00 PM	Julie Sells	Creating Sanctuary at Home	Learn steps to approach and develop a relationship with the land, trees and nature beings where you live. The first 15 participants will receive a small pouch of medicinal white sage, sacred tobacco and organic rose petals.
1:30 PM	Tiffany Richardson	What is an End of Life Doula and why should I consider one?	Please join Tiffany as she explains exactly what an End of Life Doula is as well as discuss how we can remove the fear and stigma of End of Life thru education, conversation, companionship and proper planning.
2:00 PM	Kathryn Drage	What animals want their humans to know.	Sharing stories from my experiences and explaining how animal communications work
2:30 PM	Tracy Williams	Tarot Reading Self Care	Learning to Care for Yourself
3:00 PM	Ahura Z. Dilliza Unicorn Cove School of Metaphysics	Psychic Self-Defense	Learn simple and practical ways to protect your energy.
3:30 PM	Shirley Benson	PureBioenergy/Powerhouse of Healing	What is PureBioenergy, what is treatment, what can this treatment address? Bring your questions!