

HOLISTIC MYSTIC FAIR WORKSHOP SCHEDULE

Augusta Maine Armory

April 27, 2024, 10:15 A.M. TO 3:15 P.M.

Time	Presenter	Workshop	Content
10:30 AM	Eileen Oboyle	Healing with Deities	Connecting with Deities and using their energies to heal yourself!
11:00 AM	Ahura Z. Diliiza Unicorn Cove School of Metaphysics	Psychic Self-Defense	Learn practical ways of protecting your energy from a psychic attack.
11:30 AM	Cary Ouellette	Release Anxiety	Cary will discuss subconscious & oils through energy cleaning & Aromatherapy, perform a clearing to release anxiety
12:00 PM	Linda McCracken	Spirit Art	Powerpoint presentation about how Linda learned spirit Art via the teaching of spirit
12:30 PM	Tracy Williams	Tarot Reading Self Care	Join Tracy for a one card reading for as many people as time allows focusing on self care for each individual.
1:00 PM	Kathryn Drage	Life & Times of an animal communicator	Kathryn will be sharing how animal communication works for me and how you it is a natural language for all of us. She will also share stories from my years of practice.
1:30 PM	Louis Grassi	Opening to Your Creativity	Louis will conduct a guided meditation (with music!) that will help you to connect to and acquaint yourself with your creative abilities.
2:00 PM	Aneez Aroma Therapy Catherine Boutin	Aroma Therapy	Questions about Aromatherapy-Question and Answer Session
2:30 PM	Ray Veilleux	Living Well in Stressful times	How to keep your energy level at max to avoid depression. What energy exercises do you need to keep your focus. What supplements do you need especially during these stressful times.
3:00 PM	TBD		